

THE PULSE

1031 Youth Ministry Newsletter

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Summertime is here!!!! Where has the time gone? As we switch gears into summertime, some of our schedules get a little needed relief while others may actually ramp up even more. For our students, summer is a time to relax a little bit more or at least spend the majority of your time doing the things you enjoy most. Recently, in our Sunday morning Connect Group, we talked about habits and specifically how long it takes for an action to develop into an actual habit. Although it ranges in length of time due to many factors, the average time it takes for an action to become a daily habit is 66 days, a little over two months. I challenged our students to commit to doing one specific thing each day for the next two months, which is about when school will start back, that will strengthen their relationship with Christ and their witness for Him. Whether it be daily prayer, Bible reading, or some other spiritual discipline, if they commit to doing it over these next two months of summer break, they will be much more likely to continue it when school starts back and schedules become more hectic and stressful. As parents, I would encourage you to talk to your student(s) and see what habit they might be working on growing over this summer break. Look for ways to encourage them and help hold them accountable. You might even want to commit to joining in on whatever habit/spiritual discipline they are working on by looking for a daily Bible reading plan or prayer guide/strategy that you could do together or at least on your own at the same time. Not only will these habits be more likely to stick later this year, they will be more likely to stick in years to come as our students grow into adulthood. That only happens if they develop them well now. As pastor and parents, we are called to minister to our students now while also preparing them for the future when they will be responsible for leading and guiding the generation that comes after them. To be completely honest, if I had developed stronger spiritual disciplines in my teenage years, life would not have been any easier, but I would have been able to navigate and deal with difficult times in a much better way. Students developing and committing to spiritual disciplines now will impact their lives for years to come.

EVENT HIGHLIGHTS

PIZZA & A MOVIE



JUNE 12
4PM-8:30PM

DINNER @ MILANOS
FAMILY CAMP MOVIE @
HUMBOLDT PLAZA (6PM)
BRING MONEY FOR SNACKS/DRINKS @ MOVIE.



1031 YOUTH WATER PARK TRIP



Date: June 15th
Time: 8am-7:30pm
Cost: \$26

Sign up deadline is June 8th

Payment Due June 12th



June 27-
July 1